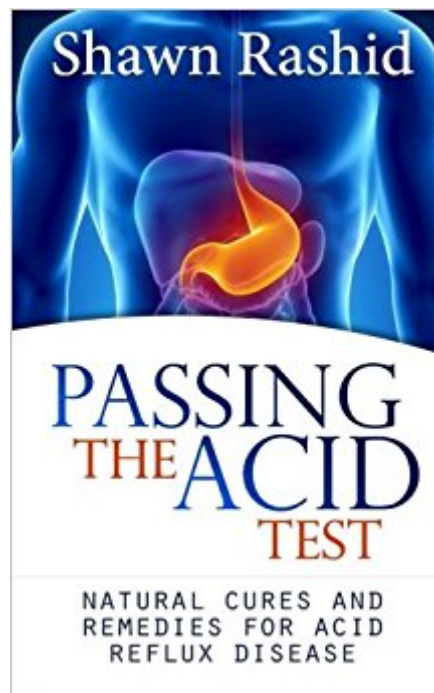




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Passing The Acid Test: Natural Cures And Remedies For Acid Reflux Disease



Synopsis

The stomach produces an acid which is mixed in the food eaten. The acid is not of importance but it gets mixed anyway as the food is digested and travels from the stomach to the intestines. However, there are instances when this acid goes up to the esophagus which is not normal. The lower end of the esophagus called the sphincter tends to lose its firmness, which allows the stomach acid to move up to the esophagus. When this happens, the medical field termed it as an acid reflux.

Book Information

Paperback: 48 pages

Publisher: CreateSpace Independent Publishing Platform (December 26, 2014)

Language: English

ISBN-10: 1505763614

ISBN-13: 978-1505763614

Product Dimensions: 5 x 0.1 x 8 inches

Shipping Weight: 3.7 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #5,653,459 in Books (See Top 100 in Books) #80 in Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #3821 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Detoxes & Cleanses

Customer Reviews

This fact filled well written book was very helpful. I have suffered from acid reflux for many years and this book gave me some excellent tips and strategies that have helped reduce the symptoms. For instance I had no idea that Ibuprofen could increase acid reflux symptoms. Very well researched and full of great information I would recommend it highly to anyone suffering from this ailment.

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